

COVID-19 JOB SITE SAFETY MEASURES

KNOW THE SYMPTOMS OF COVID-19:

COVID-19, caused by a new coronavirus, is a respiratory illness that can spread from person to person.

STAY HOME to protect your team if you have any of the following symptoms:

- Coughing;
- Fever of 100.4 degrees Fahrenheit or higher;
- Shortness of breath, difficulty breathing;
- Early symptoms such as chills, body aches, sore throat, headache, diarrhea, nausea/ vomiting, & runny nose.

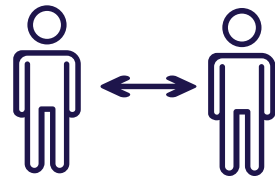
IF YOU DEVELOP ANY OF THE SYMPTOMS ABOVE, DO NOT GO TO WORK! Call your healthcare provider right away. Likewise, if you come into close contact with someone showing symptoms, call your healthcare provider right away. DO NOT RETURN TO WORK UNLESS YOU ARE SYMPTOM FREE WITHOUT MEDICATION FOR AT LEAST 72 HOURS.



Wash Wash Wash

WASH HANDS

Frequently with soap & warm water for at least 20 seconds.



6' Distance

SOCIAL DISTANCE

Maintain 6 feet distance between workers.



Wear a Mask

WEAR A FACE COVERING

Cover nose and mouth with a cloth mask, bandanna, etc or a disposable mask.



Avoid Touching

DO NOT TOUCH YOUR FACE!

Avoid touching your eyes, nose, and mouth with unwashed hands.



Keep Tools Clean

MINIMIZE TOOL SHARING & DISINFECT

Frequently clean & Disinfect tools, equipment, and frequently touched surfaces.



No Food Sharing

AVOID SHARING FOOD OR DRINK

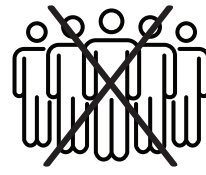
Use individual water bottles and do not share food.



Sanitize

USE HAND SANITIZER

Use 60% alcohol based hand sanitizer or wipes when soap & water is not available.



Avoid Groups

SMALL GROUPS

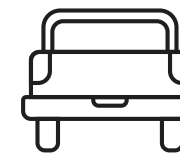
Limit in-person meetings; when necessary participants must remain at least six feet apart.



Cover Coughs

RESPIRATORY ETIQUETTE

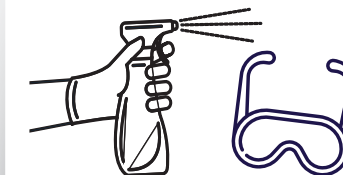
Cover coughs & sneezes by coughing into elbow, handkerchief or tissue.



Limit Travel

MINIMIZE RIDE-SHARING

If unavoidable, then while in vehicle, try to use adequate ventilation.



Use PPE to Clean

USE PPE

When cleaning & disinfect tools, equipment and frequently touched surfaces, use gloves, mask & eye protection.



Change Clothes

CHANGE CLOTHES WHEN YOU GET HOME

Remove work clothes as soon as you get home & wash in hot water.

PROTECT YOURSELF, YOUR CO-WORKERS, CUSTOMERS & FAMILY